

## CONFERENCE INFORMATION

**When: October 21, 2019**

**Time: 8:00 am– 12:00 pm**

**Where: The Carnegie Visual Arts Center  
207 Church Street NE  
Decatur, AL 35601**

*Free CE Units for Social Work and Nursing*

Advance Registration is Requested

**Registration \$15.00**

Complimentary attendance for Clients of John Burns Estate and Elder Care Law. Please register.

**Mail payment to:**

**John Burns Estate and Elder Care Law  
601 Johnston St. SE  
Decatur, Alabama 35601**

## AGENDA

8:00am– 8:30am Registration, Welcome, Exhibits

8:30am-9:15am Michael Hauser  
Alabama Health Guidance Medicare Specialists

9:15am-9:30am Break & Vendors

9:30am-10:00am Safety in Elder Care: Who's at Risk and What to Do About It?  
Mike Tucker, PT, CSCS, Cert. DN  
LifeWork Physical Therapy

10:00am-10:30am Elder Abuse  
Tiffany Reaves, LCSW  
DHR

10:30am-10:45am Break & Vendors

10:45am-11:45am Opioid Epidemic  
Investigator Miles Livingston  
Decatur Police Department

11:45am-12:00pm Certificates & Vendors

## GUEST SPEAKERS

**Michael Hauser** and his parents, Greg and Karen Hauser, own and operate Alabama Health Guidance Medicare Insurance Specialists in Decatur. Between them, they have over 20 years of experience in assisting Medicare eligible individuals choose health plans, apply for assistance with the Alabama State Medicaid Department, and apply for prescription drug assistance through the Social Security Administration. Their office is located at 922 A 6th Ave. SE Decatur. Decatur is where they provide Medicare Education Classes that are free to the public.

**Investigator Miles Livingston** Currently 4 years as an Officer/Investigator with the Decatur Police Department. Miles served 3 years as a Deputy Sheriff with the Madison County Sheriff's Office and 2 years as a Reserve Deputy with the Morgan County Sheriff's Office. He has experience in Patrol, Vice/Narcotics, Drug Court Liaison, and a Field Training Officer. Recipient of Medal of Merit and Chief's Commendation. He is a graduate of the 158th session of the Northeast Alabama Law Enforcement Academy.

**Tiffany Reaves, LMSW** Received her bachelor's degree in Psychology from Athens State University in 2004. She then earned her master's degree in Social Work from The University of Alabama in 2006. Tiffany began working for Morgan County DHR shortly after receiving her Master's Degree and has remained employed there for the past 13 years. She worked as a foster care social worker for 9 1/2 years, and then as a Child Abuse/Neglect Investigator for 1 year. She then became Quality Assurance Coordinator and was promoted to Senior Social Worker Supervisor. She now serves as not only the Quality Assurance Coordinator, but also the Adult Protective Service Supervisor and the Court Liaison between Morgan County DHR and the court system.

**Mike Tucker, PT, CSCS, Cert. DN** A physical therapist and the owner of LifeWork Physical Therapy in Hartselle, AL. He is a graduate of The University of South Alabama and has been practicing for

22+ years in a variety of clinical settings. He has significant experience in the area of geriatric and elder care in the skilled nursing, outpatient, and home care settings. Mike is a Certified BIG clinician through LSVT Global in the treatment of Parkinson's patients and also a Certified strength and Conditioning specialist through the National Strength and Conditioning Association. He has worked with our area physicians and surgeons for over 17 years and opened his practice 2.5 years ago with the vision of providing the people of Morgan County and the surrounding area to expert physical therapy that focuses on compassionate equality care in an individualized Christ-honoring treatment setting.

## CONFERENCE OBJECTIVES

At the conclusion of the conference, participants will have the knowledge of:

- Explanation of Medicare benefits. An understanding of Part A, Part B, Part D and Advantage Plans.
- Identify fall risks, learn quick and easy assessment tools to determine those clients most at risk for falls, and understand proper fall prevention strategies.
- Participants will understand proper transfer techniques and adaptive equipment available for patient, family, and provider safety.
- Participants will learn simple strengthening exercises to assist the elderly patient in maintaining quality of life and functional independence.
- Signs of Elder Abuse and what you should do if you suspect abuse.
- What do you do if an Elderly person is exploited financially?
- Understand how Opioid Abuse affects our Community.
- Know the signs of Opioid abuse and types of Opioids.
- Knowledge of what professionals can do to prevent abuse in our community.



# Alabama Elder Care Conference



October 21, 2019

8:00 a.m.– 12:00 p.m.

\$15.00 registration fee

CE credits for Social Work and Nursing

at

**The Carnegie Visual Arts Center**

207 Church St. NE

Decatur, Alabama 35601



### Mail payment to:

John Burns Estate & Elder Care Law  
601 Johnston St. SE  
Decatur, Alabama 35601

### Sponsors:

- Alabama Health Guidance Medicare Insurance Specialists
- Department of Human Resources
- FirstLight Home Care
- Home Instead Senior Care
- LifeWork Physical Therapy
- NARCOG
- Right at Home in Home Care & Assistance
- Riverside Senior Living
- The Decatur Police Department
- The Terrace at Priceville-Five Star Senior Living
- Westminster Assisted Living

## Alabama Elder Care Conference

Registration Fee: \$15.00

8:00 a.m.– 12:00 p.m.

October 21, 2019

Name: \_\_\_\_\_

Mailing Address: \_\_\_\_\_  
City State Zip Code

Workplace: \_\_\_\_\_

Phone: \_\_\_\_\_ E-Mail Address: \_\_\_\_\_

Payment Method: \_\_\_\_\_ Check (payable to John Burns Law) \_\_\_\_\_ VISA/Master Card/Discover

VISA/Master Card/ Discover # \_\_\_\_\_ Zip Code Exp. Date Security Code Card Holder Signature

Mail form to : John Burns Estate and Elder Care Law, 601 Johnston St. SE, Decatur, AL. 35601